**Routine**

Many of these pupils' lives are based on very strict routines. They operate by reinforced medical routines sometimes, but they like the structure and the routine of life, and they're very used to the way of working.

When a death happens, it can cause quite chaotic, it can be very disrupted. Their routines, the way things happen, the people who are around them may all be changing, and that can be very, very difficult for them to understand. So it can help to keep to a set routine where possible, helping to let them know who's picking them up, who's meeting them from the bus. If those people are changing, because they might be really anxious and worried, what's going to happen? Why are these changes happening? Who's going to be there? And these are very real concerns and real worries for them.

Life does go on and you have to adjust and move forward and we can't be stuck in the past. And that became important, that we made sure that the pupils knew that it was okay to be then moving forward and on, that we weren't holding on to our sadness and it wasn't enveloping us to the point where we couldn't move forward and function during the school day.

The structure and normality of school can provide that sense of stability for them, but it's really important to recognise that they might feel very unsettled and that might come out in some of the ways that they behave.

*SEN1H Routine*